

# RESOURCE SHEET

Sixteenth Sunday after Pentecost  
12<sup>th</sup> September 2021

First Reading: Proverbs 1:20-33  
Psalm: 19  
Epistle: James 2:18-26  
Gospel Reading: Mark 8:27-38

*The readings may be followed by some discussion or silent meditation*

*In place of a homily reflection this week, please click here to access the Zoom discussion to be held at 10am on Sunday 12th September*

*This hymn may be said or sung for reflection*

## HYMN

*Link for a recording of the melody 'Breslau'*

- 1. 'Take up your cross,' the Saviour said,  
'if you would my disciple be;  
take up your cross with willing heart  
and humbly follow after me.'**
- 2. Take up your cross; let not its weight  
fill your weak spirit with alarm;  
his strength shall bear your spirit up  
and brace your heart and nerve your arm.**
- 3. Take up your cross, nor heed the shame,  
and let your foolish pride be still:  
your Lord refused not even to die  
upon a cross, on Calvary's hill.**
- 4. Take up your cross and follow Christ,  
nor think till death to lay it down;  
for only those who bear the cross  
may hope to wear the glorious crown.**

*Charles William Everest (1814-77)*  
*TIS 583*

*Suggested music for reflection*

'Pinsesalme' by Edvard Grieg sung by some members of our own Parish Choir

*The following prayers are said, appropriate to the day*

Those who want to save their life will lose it:  
**and those who lose their life for the sake of the gospel will save it.**

God of mercy, help us to forgive as you have forgiven us:  
**to trust you, even when hope is failing**

To take up our cross daily:  
**and follow you in your redeeming work.**

O Lord, as Peter confessed you as the Christ, give us boldness to proclaim your redeeming love and saving power in the world; may we be ready to bear the cross and give ourselves for others and the advancement of your kingdom; we ask this in your name, Jesus our Lord, who with the Father and the Holy Spirit are one God, now and for ever. **Amen.**

Lord, we give thanks for those who gave us confidence to venture and to risk, all who have given us strength to stand on our own feet. Raise up all who lack confidence, all who have a low esteem of themselves and bless our homes and our neighbours in this time. **Amen.**

Fill, O Lord, your church with wisdom, that it may reflect your love and light and be an image of your goodness. Lord, may we confess Jesus as our Christ and Saviour, not only in word but by the way we live, and so bring others to a deeper awareness of your love. **Amen.**

Lord, support all who are fearful and anxious, all who are timid and afraid. We pray for all who doubt their own ability or your love, we pray for all who are lonely or desperate, in pain or distress. From our own community we continue to hold before you in prayer: Alan, Marg, Ali, Patricia, Christine, Warwick, Andrew, Tom, Alan, Susan, Josie and Maree. **Amen**

We give you praise with your saints in glory, all who have confessed the faith and are in your kingdom and particularly our loved ones departed and those who have died recently – Peter Swindon – and those whose anniversary of death occurs this week: Edward David Armstrong, Amy Blanche Golding, Vida Myrtle Diggle, Vivian John Jonas, John Robert Cowen, Gwen Pretorius. May they rest in peace: **and rise in glory.**

### **PRAYER FOR THE WEEK**

O God, without you we are not able to please you: mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord. **Amen.**